June 5, 2014

Ald. Russell W. Stamper, II (414) 286-2659

Alderman Stamper invites residents to join him for walk

Alderman Russell W. Stamper, II will lead a walk on Monday, June 9, 2014 as part of the "Walk 100 Miles in 100 Days" initiative kicked off earlier this week by Mayor Tom Barrett.

Alderman Stamper is encouraging anyone interested to please join him for the walk, which will begin in front of the Boys & Girls Club – Mary Ryan Branch, 3000 N. Sherman Blvd. at **6:30 p.m.** (rain or shine) on Monday.

"Health is very important and walking is a great exercise to improve one's health," Alderman Stamper said. "I am asking neighbors to please join me for a pleasant and refreshing walk on Monday."

"Walk 100 Miles in 100 Days" is a city-wide effort to engage Milwaukee residents and families to lead a more active lifestyle and implement physical activity into daily routines.

Please visit www.city.milwaukee.gov/Walk100 for more details on the program, to see about registering and to track your progress. A list of scheduled walks can also be found on the website.